






## A.S.L. TO3


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**Type of organisation:**

SME  School  University  Public Authority  X  
 Training  No Profit  NGO

Other (Specify)

**Fields of action:**

SMEs  Youth  X Universities  Public Authorities  X  
 Equal opportunities  X Schools  X Unemployed

Other (Specify)

### **Description of the organisation**

A.S.L.TO3 ([www.aslto3.piemonte.it](http://www.aslto3.piemonte.it)) is a Public Health Authority and has been established in 2007 as a merger of four public health authorities. The healthcare professional workers are currently around 4500. The main hospitals of ASLTO3 are based in the cities of Pinerolo, Rivoli, Venaria and Susa. The population covered by Health Sanitary services of ASL TO3 in the year 2018 is 581.687 distributed in 109 municipalities. The 27% of the whole population is over 55 (source B.D.D.E. 2018). Elder people health prevention and care is becoming one of a priority in ASL TO3 strategic planning. The goal of A.S.L. TO3 is to guarantee adequate levels of healthcare to the population. Its mission is to improve the quality of care and the quality of life of citizens, with a special attention to: - the importance of the "person" (in particular elderly people, terminally ill patient, patients with multiple pathologies, disabled people); - the quality of service through the quality of the performance, the effectiveness and the appropriateness; - the effectiveness of clinical care and pertinent data; security and risk management; therapeutic continuity.

### **Experience of the organization in previous European projects**

ASLTO3 was a partner of the project "MOOC in Palliative Care" coordinated by University of Pope (IASI; Romania) and project "SOFTIS Ped" coordinated by University of Tirgu Mures (Romania) within the Erasmus + Programme, Sub Program KA Cooperation for innovation and the exchange of good practices, Action Strategic Partnership. ASLTO3 was a host partner of the Mobility for students within the Erasmus P+ Programme coordinated by Deputacion de Pontevedra (ES). ASLTO3 is also a partner of the project MAGIC coordinated by BSO (UK) within the Horizon2020 - PHC27 PCP. The project started on 1st January 2016. In 2019 ASL TO3 won the the Twinning Digital Health Technology in the Horizon 2020, The Framework Programme for Research and Innovation, with the Universidad Politecnica of Madrid and the University of Turin, Department of Science and Pharmacological Technology and Piedmont Region inside Group 1 EIP-HA. The objectives are to improve Technological Remote Control System in the monitoring of cardiologica patients with Cardiac resynchronization therapy defibrillator (CRT-D) in remote monitoring (RM), that are device designed to treat potentially life-threatening ventricular arrhythmias. In 2019 ASL TO3 started the project Progetto Donne. The WOMEN project is part of the strategy of the PROXIMITY-SOLID Thematic Integrated Plan (PROSOL) and aims to develop and test socio-health services in particular for the female public in the Franco-Italian cross-border rural and mountain areas of the Provence-Alps regions, French Riviera, Liguria and Piedmont. The objectives are to promote women's access to care, to improve the reconciliation of family and professional life, to establish a cross-border policy for gender equality in local life. Leader: Métropole Nice Côte d'Azur. Partnership: Provence Alpes Agglomération, Liguria Region, Local Health Authority Turin 3 PITEM PRO SOL. In 2019 ASL TO3 applied, without winning the Call 2019 Round 1 KA2 - Cooperation for innovation and the exchange of good practices KA204 - Strategic Partnerships for adult education Formal KA204-CE9CC23E with part of the consortium actually participating to the present Erasmus plus, K 204 call.

### **Experience and Expertise of the organization in the project's subject area**

ASL TO3 in accordance to the Agreement Government, Regions and Autonomous Provinces of Trento and Bolazano, the Provinces, Municipalities and Mountain Communities on the document on the National Dementia Plan (DGR 37-4207 of 2016) - strategies for the promotion and improvement of quality and appropriateness of welfare interventions in the dementia sector and in accordance to the Regional Dementia Plan (Piedmont Region Determination137-4021/2007) offers a care process in Psychogeriatrics. It aims to systematize the current activities provided in order to optimize available resources, standardize activities in all clinics and standardize the methods of intervention on the patient with dementia, early diagnosis of dementia and the global management of the patient and his family. In 2014 ASL TO3 and Diaconia Valdese won the EFID 2014 award, Ambassador for L'Alzheimer: live well with dementia. ASL TO3 and Diaconia Valdese subscribed Framework Agreement in 201

### **Contributions that can be provided to the project**

ASL TO3 has been involving in NeuroPsychological early diagnosis and cognitive rehabilitative intervention for the last fifteen years.

The ASL TO3 neuro psychological team has developed diagnostic and clinical experiences in the field of dementia and cognitive impairments, also collaborating at local, regional and national levels with other public and private institutions. At local level participating at the "Dementia local board" with Social Service, Diaconia Valdese, and Dementia Associations and participating at local initiative as Dement Talent, Alzheimer Cafè, Memory Day; at regional and national level contributing to the Dementia White paper on Dementia (2011), and collaborating with Istituto Superiore Sanità to the National Guideline on dementia since 2016.

ASL TO3 could provide contributions to the project sharing clinical experiences and tools, included Digital Health Technology instruments to support online cognitive rehabilitation and training, it could support caregivers providing information and improving dementia health literacy inside the community and in care givers and it could share contents and methods also at the organization level to improve policy and guidelines to support new dementia friendly community.

#### **Reasons of involvement in the project**

ASL TO3 Neuropsychological team has been involving for several years in project to develop and improve cognitive tools for the rehabilitation of people with dementia.

As Partner leader ASLTO3 inspires to ameliorate health services and health facilities to citizens, improving resilient skills in people with dementia, family care givers and inside the community. The local, regional and national experience represent a strong background to scale up experiences inside Europe, with organizations of other state members in the field of intervention and support to person with dementia and caregivers.

#### **Contact Person's Experience and Expertise**

Dr. Alessandro Bonansea is the chief of ASL TO3 S.C. Psychology since 2017.

ASLTO3 had been lead (in the person of Dr. Alessandro Bonansea) the regional dementia commission in the period 2008-2013. Some of the principal achievements are: - ASL TO3 Resolution 727/2008, Approval of the service structuring project for the early diagnosis of Alzheimer pathology and others dement pathologies. - Piedmont Region Determination 454/2010, Health Direction, Guidelines for early dementia diagnosis. - Piedmont Region Determination 102/2013, Health Direction, Implementation on experimental project on Alzheimer pathology and others dement pathologies. - Piedmont Region Determination 15-7071/2014, Health Direction, pathway on the early diagnosis of dementias in Piedmont within Diagnostic Therapeutic Assistive Pathways (PDTA). It allows to define more appropriate and shared methods in the territory for the early diagnosis of dementia and the global management of the patient and his family.

Dr.ssa Serena Zucchi has been Be Healthy project manager financed by EU, Youth in Action (2014-2016) and is actually in charge in ASL TO3 S.C Psicologia as psychologist and psychotherapist and in charge in ASL TO3 S.S. European Project Service as researcher. She is a Health Psychologist psychotherapist, a EMDR psychotherapist practitioner and a Bio and Neurofeedback therapist. In 2016 she had a master degree in Prevention Science with the University of Medicine, Piemonte Orientale directed by prof. Fabrizio Faggiano.

Dr.ssa Evelin Ramonda, psychologist, psychotherapist, master in specialization course in Clinical Epidemiology of Dementias 2011 ISS. Neuropsychologist in ASL TO3 since 2013. Main tasks: neuropsychological evaluation, psychogeriatric evaluation of patients with DNC, psychotherapy and cognitive rehabilitation for patients, psychotherapy for caregivers. Involved for ASL TO3 in "Memory day": dementia screening days aimed at the population at Alzheimer's Coffee in Pinerolo. Dr. Alessandro Bonansea and Evelin Ramonda for ASL TO3 has been involving in Dementia National Forum promoted by Istituto Superiore di Sanità (ISS) since 2016.

Dr.ssa Federica Gallo, Psychologist, Neuropsychologist, Psychotherapist with a Cognitive Behavioral orientation. Executive master in neuropsychology and psychodiagnostics in the early diagnosis of dementias, advanced course in clinical epidemiology of dementias at the Istituto Superiore di Sanità (ISS), professional certificate in clinical psychopathology. She works at the ASL TO3 AF Psychogeriatrics in the field of psychodiagnosis and neurocognitive and emotional-behavioral treatment of adults and the elderly. In 2013 she collaborated in the drafting of the PDTA of the Piedmont Region on the early diagnosis of dementias; member of the Pinerolese Dementia Network, as part of which he participated in the projects "Memory Screening" (screening days on cognitive abilities open to the population) and "Dementalent" (insertion of the person with dementia in work activities in the area), Cafè Alzheimer and training meetings on the territory aimed at public health operators and the population. She has participated in the National Dementia Conference promoted by the ISS since 2013.

Dr. Carlo Saito is a Professional administrative assistant in charge in ASL TO3 since 1988, in the SS Psicologia Clinica and the SC Psicologia.

Dr.ssa Gaia Marchetti, psychologist, psychotherapist, is actually in charge in ASL TO3 Coordinamento Area Territoriale in S.S. European Project Service as research fellow.

At the moment she is part of the working group of the Pitem Prosol "Donne" project INTERREG - ALCOTRA, as a support to project activities.

In ASL TO3 S.C. Psicologia she collaborated in "Be Healthy" project financed by EU Youth in Action, and "Oggi che Fai?" project.